

THCV

What is THCV?

Tetrahydrocannabivarin, or THCV, is a psychoactive cannabinoid found most prevalently in Sativa strains of cannabis. It is known to produce a more motivated, alert and energizing feeling of euphoria. For this reason, it is often recommended for daytime or any time when functionality is important.

THCV relieves stress and research shows it can help to reduce or even prevent anxiety and panic attacks. For this reason, it plays an important role in the treatment of post-traumatic-stress-disorder (PTSD). It is also neuroprotective, so it is ideal for treating conditions such as Alzheimer's disease, Parkinson's disease, and multiple sclerosis. Unlike THC, THCV works to suppress the appetite, so it is not recommended for patients suffering from cachexia or anorexia nervosa.

THCV supports motor function and cognitive performance and prevent munchies and other undesirable effects associated with THC consumption. It accomplishes these tasks by blocking the CB1 receptors. These are the receptors THC binds to, which causes hunger pangs, clouds mental clarity, and impairs judgment. Due to its interaction with CB1 receptors, experts believe that THCV may positively impact mood. These receptors also influence our comfort. So, there is hope that THCV might provide daily joint support, much like CBD products do.

Effects and Benefits

The reason why THCV is getting so much attention is its ability to reduce hunger and suppress appetite. This is a huge win for anyone battling obesity or needing to drop weight for health or personal reasons. It's incredibly effective, and research backs the anecdotal evidence.

Yet, appetite suppression isn't the only benefit we can gain from THCV. It's also a potent anti-inflammatory, and when consumed with CBD it offers deep relaxation and relief from inflammation.

Research has also shown that THCV is effective in the treatment of a variety of symptoms and conditions. Examples of conditions for which THCV is particularly effective in providing symptom relief are:

- PTSD
- Parkinson's Disease
- Seizures (including epilepsy
- Alzheimer's Disease

THCV is believed to have a wide range of potential benefits, including:

- Appetite suppression
- Anti-inflammatory
- Reduce Anxiety
- Promotes sleep